

Mar/Apr 2006

# Center Schlitz Audubon Nature Center FOCUS

Find the 2006 Summer Nature Adventure  
Camps brochure and Native Plant Sale  
information in this issue

[www.sanc.org](http://www.sanc.org)



## Celebrate Earth Day 2006 with us!

Join us April 23rd, Noon-4pm  
*canoeing, beachcombing,  
nature hikes, arts & crafts for kids,  
live music & of course our  
resident "live" animals & raptors-  
complete with a bald eagle, owls,  
storytime & cake! ... see back page  
for more details*

## Schlitz Audubon Nature Center's Annual Make Me An Offer Rummage Sale~ March 11th

Save your stuff and save the date, Schlitz Audubon Nature Center will have its annual rummage sale on March 11th. Items will be collected starting Wednesday, March 8th. Call Moxy (414-352-2880 x 155) for more information. Bring your unneeded treasures or come on the 11th and see what treasures others have donated. Proceeds support SANC.

## Preschool Pancake Day

*Saturday- April 8, 2006  
Celebrate the Maple Syrup  
Season at SANC  
Details on page 6*

**THIS EVENT IS OPEN TO THE PUBLIC**

## Going Native

By Elizabeth Cheek  
*Executive Director*

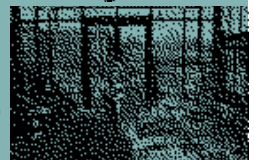
Natural landscaping- it's kind of like dieting. You want to do it and it's something you should do, but you think it'll be difficult and you don't know how to start.

In the last several years, our land management staff and dedicated volunteers have made huge strides toward restoring the Center's 185 acres to native plantings. We're sold on the benefits of going native, and we're ready to share our experiences and information with you so you can enjoy native plants in your own yard. Native plants have a lot going for them. They are an important part of our natural heritage by providing habitat and food for native birds, insects, and other wildlife. By providing habitat and food, they will attract wildlife to your yard. They're specially suited to our climate, so they require less water, less (or no) pruning, and are more resistant to disease, thus lessening the need for pesticides.

Now it's your turn to try natives, and we're going to make it easy for you. Come to our Native Plant Sale on Saturday, May 13, from 9 a.m. to 1 p.m. We'll have experienced staff and volunteers on hand to answer your questions. We'll have catalogs and books to consult, and there will be pictures of the plants on each flat. We'll even save you time and effort by pre-selecting diverse habitat groupings of 36 plants each, which will be ready for you to put in that special place in your yard. All you need to do is choose which habitat you want: butterfly garden, hummingbird garden, shade garden, dry or rock garden, and rain garden. We'll even be offering a special rare species garden, which is difficult to find elsewhere (Please note, though, that all of these habitat groupings must be preordered). In addition, we will have over 50 species of individual plants available on the day of the sale, as well as native shrubs and small trees. You may add them to your groupings to have even more diversity, or create your own groupings, or purchase single plants to enhance what you already have in your yard. We'll also have prairie grass seed mix to intersperse with your plants if you are doing a larger natural area.

## Native Plant Sale & Restoration Ecology Classes proudly sponsored by

**GARDEN ROOM**  
AN URBAN GARDEN STORE



*(see insert in this newsletter)*

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Elizabeth B. Cheek

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Milwaukee, WI 53217 Issue No. 3-06

.... Continued from page 1

All of the plants will be 100% native, raised from southeastern Wisconsin seeds or cuttings, well-rooted, hardened off, and ready to plant. What could be easier?

For those of you still a little hesitant, we're offering even more help. Before the sale, we're holding a series of three classes on native plants. March 8 will cover trees and shrubs, March 22 will deal with site selection, preparation, and species choices; and April 5 will cover plants, planting, and ongoing care. Come to one or all three. **Class details are inside this issue on page 10 in the program section.**

Look for green order blanks tucked inside the Summer Camp brochure. Be sure to return it right away to reserve your special habitat groupings. By landscaping for wildlife, you'll be creating a family nature center in your own backyard. Happy gardening!

## Development Update

### A Sensational Gift from Miracle on Canal Street

On December 15, 2006, Executive Director Buffy Cheek was presented with a \$50,000 check from the Forest County Potawatomi Foundation as a participating organization of Miracle on Canal Street.

In Potawatomi culture, tradition dictates that tribal elders nurture younger generations so they may grow to lead healthy, productive lives. With that in mind, the Miracle on Canal Street program focuses on children. In the past twelve years, Potawatomi Bingo Casino has raised nearly \$5 million for local children's charities. Money is raised through special bingo games, pull-tabs and drawings where the winnings are split between the winner and the Miracle program.



To be eligible for Miracle on Canal Street, an organization must have a 501(c)(3) status, be located in Milwaukee, Ozaukee, Washington, or Racine counties and serve a primary client base of under age 18. A completed proposal form is required of all charities who wish to be considered for participation. Those charities who qualify create an applicant pool. A random drawing is then conducted to choose only 14 lucky organizations who become the Miracle on Canal Street charities that year.

All qualifying charities needed to send a representative to be present at the drawing. Buffy's executive assistant, Marilyn Hauer volunteered to attend the exciting drawing. Marilyn explains, "Representatives from over 100 eligible non-profits gathered in the Nest of Life Bingo Hall on August 31. After introductions and fanfare, the moment arrived – 14 organizations would be chosen to benefit from the Bingo Casino's generosity. As names were drawn, cheers, tears and hugs! Tension mounted. The Schlitz Audubon Nature Center was called out as #10! We were in!" Special thanks to Marilyn's good luck for the Center's good fortune.

Volunteers from the Center participated in six special fund raising and promotional days at Potawatomi to introduce the Center to the patrons participating in the Miracle on Canal Street games.

On December 15th, Potawatomi hosted a marvelous dinner and program for the selected nonprofits to receive their share of the Miracle earnings. At the end of the evening, it was announced that each organization would receive \$50,000! Many thanks, Potawatomi!

# NEWS FROM THE RAPTORS...

## Bird Anatomy: How Birds Breathe

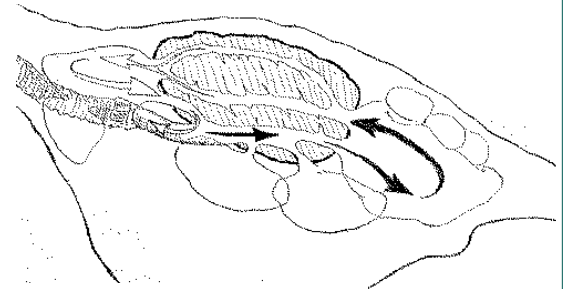
*This is the first in a series of articles about birds and their many specialized adaptations. by Diane Visty*

The respiratory system's main job is to supply oxygen to the body, however a birds' breathing system is proportionately larger and much more efficient than ours. An average bird devotes about one fifth of its body volume to its respiratory system while a mammal only about one twentieth.

The avian system is also uniquely different from that mammals. Birds utilize two lungs and a nine air sac system. It requires two complete breath cycles to get any single amount of air through their respiratory system. This allows for a constant intake of fresh air into the lungs whether inhaling or exhaling resulting in much higher oxygen content at all times. Their lungs are never filled with carbon dioxide saturated air that needs to be expelled before more is taken in as in mammals.

In contrast, mammals use a diaphragm to move air back and forth into and out of the lungs. As a result, air coming into a mammals' lungs is mixed with air that has been in the lungs for a while and this mixed or 'old' air has less oxygen.

Additionally to meet the rigorous demands for more oxygen during flight, a bird's wishbone (furcula) expands and contracts with each wing beat, acting like a bellows, allowing birds to fly high in the atmosphere where oxygen is scarce. Studies have been done simulating an altitude of about 19,000 feet. At this height mice become comatose, while a sparrow is still able to fly. The altitude record for birds is held by a Rupell's griffin vulture, which was seen at nearly 36,000 feet.



Avian Respiratory System

This incredible adaptation of very efficient lungs made birds the sentinel of choice in mines and the trenches during World War I. The very act of breathing results in birds being exposed to more contaminants than you and I with each breath they take. A canary at rest requires 60 to 100 breaths per minute, and a bird the size of a barred owl requires 40 to 50 breaths, whereas humans take 12 to 16 breaths per minute.

Many common disinfectants and household cleaning agents as well as perfumes and aerosols release fumes that can be fatal to birds. The most common toxic inhalant to our avian friends is Polytetrafluoroethylene (PTFE). Its fumes are emitted by self-cleaning ovens, coated cookware new coatings on light bulbs, etc... Birds appear to be more sensitive than other vertebrates to herbicides and pesticides. This extreme sensitivity makes it very important to provide birds with the best air and environment possible inside and outside of our homes. In protecting birds, we may be protecting ourselves as well.



### **NEW!!! Sky Hunters: Word with a Bird**

**Are you curious about birds** and going for a hike at the Center? Stop in and get a beak-to-beak view of one of SANC's feathered ambassadors. A raptor handler will be showcasing one of our magnificent birds of prey **Saturdays** and **Sundays** from 1:00-2:00 pm. Each of our falcons, hawks, owls, vulture and eagles will appear on a rotating basis. So stop by each weekend to check them out and explore artifacts, visit with a live raptor and ask questions.

Please note: This does NOT replace Raptor Saturday – it is an additional program offered when Raptor Saturday is not.

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Schlitz Audubon Nature Center

**Open Seven Days a Week**

**9 a.m. to 5 p.m.**

**\$4 adults \$2 children 12 and under**

**Free to Members**

### **BIG THANKS TO:**

... Lorna Hilyard  
for rock collection  
& high-powered  
microscope

### **WISH LIST:**

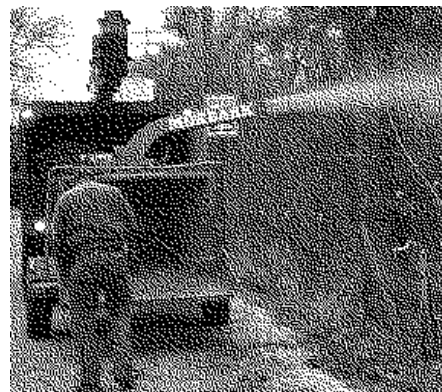
- Rock Tumbler: (rock polishing machine)
  - Kitchen Cabinets
  - 14 ft. Fiber-glass step ladder
  - Metal step stool
  - Truck or SUV-type vehicle
- Please call (414)352-2880, Ext. 200 for more details

# On the Ground...News from Land Stewardship

*A Lot of Help From our Friends Who Know: Wildflowers Aren't Free* by Wendy Walcott

Of all the many projects on the ground this winter, perhaps the most visible, at least for a few days, was the preparation for our new Corner Restoration. That's the corner of Lake Drive and Brown Deer Road, the first view of the Center that greets visitors from the west.

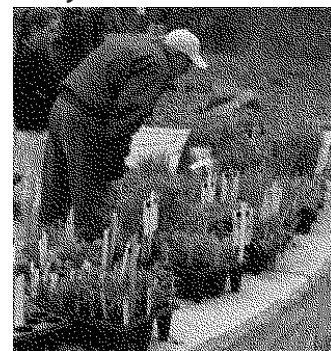
The Green Ash and Norway Spruce in this area were hit hard by a wind storm earlier in the winter, and many topped over. The majestic White Pines, on the other hand, lost a few branches but stood tall. The downed-tree look is natural for a floodplain forest, but here was an opportunity to increase the "gap" and allow more light to reach both the pines and the forest floor. We plan to install a new planting this spring, of native shrubs and trees. The natives will provide better habitat than buckthorn, and for people, there will be beautiful fall color and better screening from the road.



The first step was to have volunteer crews cut and clear the buckthorn choking the fence line, and remove sections of fence to allow access. Then a professional crew moved in, felling selected ash. They left some of the logs where they fell, chipped the branches and scattered the chips on the land. The downed wood will make it more difficult for the deer to browse our new native plants. The chips will decay quickly, building soil for the new planting.

Finally, an aerial crew trimmed any green ash that was shading the pines. Some ash branches were already dead: others were cut to resemble the several snags already in place along the road. The large trunks were left to become habitat over time. The professional crews were from Crawford Tree Company, who contributed their services. Many thanks to Perry Crawford!

Our other major project this year is the ongoing restoration of our western open spaces to native prairie/grassland. The prairie grant is made by the Greater Milwaukee Foundation's Elizabeth S. Kirkpatrick Fund, Louise Uihlein Snell Fund, and John C. & Harriett Cleaver Fund. The Corner Restoration is supported by the Antonia Foundation and the Greater Milwaukee Foundation's Pflieger Charitable Fund.



With the help of the Latter Day Saints' volunteers and our own wonderful Land Steward Volunteers, we have moved a beautiful hollow paper birch log to just north of the back door of the building. If you take a walk 40 feet off the side/back porch you will see this great log. The log itself is not from the property, but donated to us by Jim Uhrinak who took the time to bring it to us, when he found it in a woods in northern Wisconsin. *Thanks Jim!*

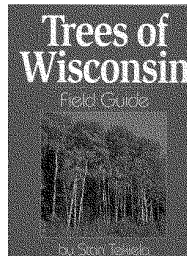
# Nature Store Now!

showcasing the newest items in the bookstore and giftshop

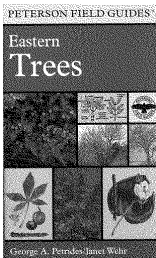
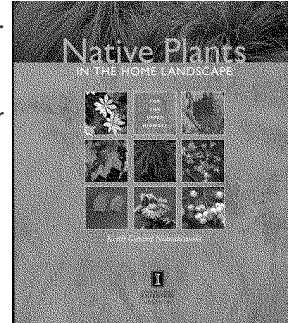
It is hard to believe that it is in the 50's as I write this article on January 12th! One word-WOW! What a treat. Although, I do miss the snow and the activities it brings to the Center. It sure makes on think of Spring and of gardening. As you will see in this newsletter, we are having a giant native plant and tree sale along with classes on various topics. I have some books to recommend that will complement the classes and your plant buying.  
by Mary Beth Goelzer, store manager

## TREES

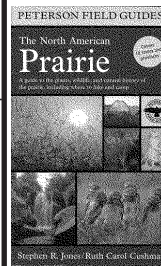
*Trees of Wisconsin Field Guide* by Stan Tekiela. Make tree ID in Wisconsin even more enjoyable. Contains 101 species. No need to look through dozens of photos of trees that don't grow in Wisconsin; easy-to-use thumb tabs show leaf type and attachment; full-page color photos with corresponding full-page descriptions and many more features.



*Native Plants in the Home Landscape.* Turn back time with a turn of the page. Bring the beauty, hardiness, and heritage of native plants to your own backyard with this wonderful new book. Combining practicality with imagination, the author will lead you down a path to your own private woodland, prairie, or savanna.



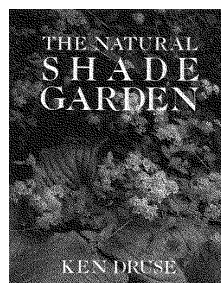
*Peterson Field Guide to Eastern Trees*- This newly designed Field Guide features detailed descriptions of 455 species of trees native to eastern North America. It contains 48 color plates, 11 black-and-white plates and 29 text drawings.



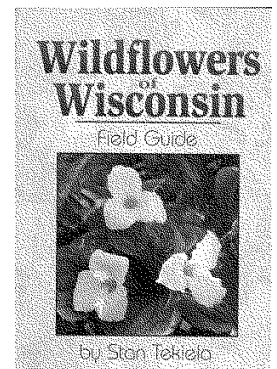
*Peterson Field Guide to The North American Prairie.* The North American prairie extends across 18 states and provinces in the heartland of the US and Canada, and many prairie preserves are within easy driving distance of large cities. This is a guide to the plants, wildlife, and natural history of the prairie.

## PLANNING PLANT AREAS

*The Natural Shade Garden* by Ken Druse. All gardeners must cope with shade, whether from trees, neighboring buildings, or simply the shadows cast by their own houses. The author shows that shade can be an opportunity to create serene and beautiful gardens that work with, rather than against, nature. This book covers every aspect of gardening in the shade, from design and layout to planting and propagating.



*Wildflowers of Wisconsin* by Stan Tekiela. This is a Field Guide to 200 of Wisconsin's beautiful wildflowers. This book is organized by color and size; has icons that make visual identification quick and easy; identifies plants typical of the native prairies.



## Now available at the Schlitz Audubon Nature Center...

### NEW DOODLE BAGS

Come and check out the new patterns of your favorite purse!

New Fabric designs are: The Argyle Collection in Wheat, Spice, Bluegrass, Cherries

Old Fabric favorites: Mariposa, Galapagos, Leap Frog, Spring Azure, Little Wings

PERFECT ARRANGERS- These very popular flower arrangers now come in a Mini arranger.

Mary Beth Goelzer attended the Chicago Gift Show the end of January and found many new items for the store.  
Come check them out!

Remember to check us out on our online store! [www.sanc.org](http://www.sanc.org)

# Nature Preschool News

By Patti Bailie

Preschool Director

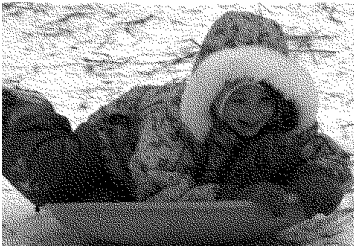
## Schlitz Audubon Nature Preschool News

January and February gave us the opportunity to discover animal tracks and figure out the animals that had stayed active this winter. We also had a visit from a screech owl (as owls start nesting this time of year) and we made bird feeders for the birds that stay around in winter. We wish to thank all the Audubon teachers for the wonderful programs they have provided for the preschool children.

The children are busy with maple sugaring in March and as a closing to this wonderful program we will be having **a pancake breakfast on Saturday, April 8 from 8:00am -10:00am**. Pre-registration is recommended. See details below.

The preschool will again be offering summer classes in June and July for 4 – 5 yr. olds and parent/child classes for 2-1/2 – 3 yr. olds. We are also offering gardening Fridays throughout the summer for 4-5 yr. olds. See the summer class bulletin, located inside this newsletter, for more details on these classes.

Registration for the 2005-2006 school year has begun. Contact Laurie Lukaszewicz at 352-2880 x154 to request registration information or if you are interested in observing the preschool.



## Preschool Alumni News

Our second alumni gathering was held on Feb. 4. This was a chance for the families to see each other again and to enjoy time at the nature center. The pancake breakfast on April 8 is open to preschool families, alumni, and the general public. This is another opportunity to see old friends again. Preregistration is recommended. See details below.

Check out the program schedule. We are continuing to offer after school classes for K5 and 1st grade children. Classes are held on Wednesdays from 4-5:30 in a series of five weeks. See page 9 for details.

We are planning more alumni gatherings in the spring and summer. Details to follow in the May/June newsletter. If you are interested in helping to plan these events or want to become more involved with the alumni committee, please contact Laurie at 414-352-2880 x154.



## 2nd Annual Pancake Breakfast..... OPEN TO THE PUBLIC!!!

*Benefiting the Nature Preschool*

**Join us on Saturday April 8, 2006, 8:00am-10:00am**

Come celebrate the Maple Syrup Season with a scrumptious Pancake Breakfast at the Schlitz Audubon Nature Center on Saturday, April 8th. Registration at the Nature Center's Main Desk beginning March 1.

\$8 Adult Members

\$10 Adult Non-Members

\$5 Children (ages 3-12) Members \$7 Children (ages 3-12) Non-Members

(Children 2 and under are free)

You may register at the door, *based on availability*, for one dollar more per person.

There will also be an exciting basket raffle during the Pancake Breakfast. Valuable themed baskets featuring items for dining, gardening, and sports will be on display a month prior to the breakfast. You can purchase tickets for the raffle at the Preschool Desk for \$3 each or 2 for \$5.

## *New Members*

Bob & Lana Adikes  
Erik & Diane Andersen  
J. Patrick Barry & Jamie Heath  
Susan M. Bence &  
Michael Eschweiler  
Belle Bergner  
Joseph & Karen Bloomer  
Dawn Brimeyer  
Ben & Maggie Brown  
Isabelle & Nicolas Bruneau  
Corinne Bruneau Joubert  
Johnny C. Burnham  
Bill Christensen  
Dan Clines  
Maria Connemena  
Brian & Dawn Cooke  
Jesse & Elizabeth Culbertson  
Tim Cushman & Amy Bell  
Kathleen Daly  
Scott Deyo & Denise Youngerman  
Dick & Dayle Dieffenbach  
Paul & Jennifer Drechsler  
Michael Drews  
Ellegard Family  
Elizabeth Lee Elser  
Gary & Connie Fait  
David Fantle  
Dr. Jerry Feldman  
Anitra Ford & Jim Goldstein  
Leo D. Freeman  
Elizabeth & Matt Gabrys  
Brad Gahr & Heidi Rauen  
Robert Goldschmidt  
Steve Gradus  
Derek & Bridget Grams  
Gresley House Bed & Breakfast  
Susan L. Gruber  
Richard & Susan Hackl  
Richard E. Haney  
Leo Harper  
Jill Hart  
Kelly Haupt  
Eric & Lee Ann Hoyem  
Dan & Kathy Hubing  
Frank & Kris Imp  
Sharon Jarvis  
Craig Johnson & Paige Styler  
David & Jennifer Kahn-Pettigrew  
Demaris Kenwood  
Paul Knaapen  
Carolyn Kott Washburne  
Demetra LaGalbo  
Jeanne Lehninger  
Jake & Katherine Little  
Tim & Julie Luetngen  
Nancy McQuide  
Stacey Meeks & Sandy Gosciniak  
David & Kari Neville  
Natalie Nolan  
Robert J. Parker  
Mickie Pearsall & Rob Seetan

Blaine Peters  
Barbara L. Petersen  
Lucia Petrie  
Russ & Mary Margaret Pilling  
Gina Pokorny  
Karen & Keith Rader  
Dick & Dorotheann Rauch  
Ken Read  
Brent & Chris Reimers  
Kathryn Sachs  
Dave & Sue Schneck  
Cathy Schoshinski  
William Seidler  
RJ Siegel  
Jerry & Chris Smith  
D. Bradley & Lisa Staudt  
Dan & Patti Stotmeister  
John & Nancy Stuhr  
Duane & Melanie Swank  
Marilyn & Allen Taylor  
Doris Toenjes  
Erica Topps & Gary Griffith  
William Tucker  
Laura Velicer  
Ann Wallisch  
Douglas & Regina Weber  
Dan & Kristi Western  
Steve Weston  
Gil & Judy White  
Sarah Wiskerchen  
Heather Wogsland  
Margene Woida

## *Honorariums*

Lorna Cadmus  
Mr. & Mrs. Robert Cadmus  
Sherry Lundell  
Harold & Diane Joiner  
William S. McCausland II  
Sanford & Katharine Mallin  
Peggy Kirkeeng & Mike Sperling  
Anonymous  
Craig's Birthday  
Linda Holmquist

## *Memorials*

Patricia Ellis  
Tom & Marilyn Bonty  
Gill Norman  
Dick & Sandy Buchman  
Stanley Kirkeeng  
Etzkin-Marth Family  
Fritz Luber  
Dick & Sandy Buchman  
Josie Mac Niven  
Peggy Kirlkeeng & Mike Sperling  
Joe Mestier  
Paul & Patricia Ellsworth  
William H. Pfeifer  
Dick & Sandy Buchman  
June Priestaf  
Mr. & Mrs. Todd Herbert  
Betty Rowlett  
Randall Rowlett & Linda Zetley  
Leonard Spitzler  
Joseph & Jean Federl  
Keith & Jacqueline Gaengel  
Elizabeth Gaengel  
Robert Staehler  
Mr. and Mrs. Sargent  
MPS Office of Psychological Services  
Cindy and Marty Kummer  
Lee and Sandra Haspl  
John LeFeber  
John & Betty Ames  
Gene & Jeannine Barras  
Mr. & Mrs. Clair Baum  
Robert A. Brachman  
Mr. & Mrs. Roger Dechamps  
Virginia Feind  
Daryl Fonstad  
Suzy & Byron Foster  
Kathy & Stewart Friend  
Jeanne & John Hoff  
Mr. & Mrs. Robert Kelly  
Frederick Luedke  
Don Nelson  
John Norton  
Dorothy Strzelczyk  
Lloyd Van Antwerpen  
Raymond & Barbara Watson  
Medical College of Wisconsin-  
Department of Dermatology



### **In Memory of . . .**

Harney B. Stover, Jr. who served on our Board for many years. Harney chaired Development and Long-Range Planning, was President of the Friends organization, and – his favorite – served as co-chair of our capital campaign, helping to raise \$9 million for construction of our new education facility. He put an enormous amount of commitment and energy into many facets of the Center's success. We have lost a very dear friend.

# Planet Volunteer

Applause!  
Hurrah! SANC NEEDS YOU!

By Laurie Haig  
Volunteer Coordinator

Many of our volunteers have been hard at work this winter, namely the desk, booth, preschool, raptor, and project regulars. Spring marks the start up of special events for us and we have opportunities for students and adults alike.

Here are the dates of our upcoming events. If you or your child are interested, please call or email me with name and address, so I can add it to my mail list when the event comes up. Wrap up your volunteer hours for school or club!

**Saturday April 8-** Preschool pancake breakfast. This is an eye-opening morning fundraiser for our eager preschool kids. It can be good networking for baby-sitting jobs as you're helping serve pancakes and doing other tasks. Time is roughly from 7:30 to 11:30am.

**Sunday April 23-** Earth Day. Check your calendars! It's the Sunday after Easter. We need help outside with canoeing, fishing, tours, and inside with art and cake cutting. Exact tasks and schedule will come with the mailing. This event runs from 12noon to 4pm.

**Saturday May 13-** Plant sale. We are expanding our native plant sale this year and we need three to four adults (over 18) to handle cash sales from 9 to 11am, and three to four adults from 11am to 1pm.

**Summer Class Assistants.** Listen up! As fast as our classes can fill up with students, the slots for volunteer assistants fill up quickly too. We will take assistants 12 and older, depending on the class. Many of the preschool aged classes need volunteers 17 years old and older. The time commitment is either mornings or afternoons every day week by week. There are a few exceptions to this, so if you get my mailing, please read it carefully. The teachers love having assistants who help make the classes a first-rate experience for all. Students who have a genuine interest in being outside on our grounds with younger ones will enjoy working with the teachers. Want to join in on the fun? Contact me below soon!

**Volunteer party.** This is an annual celebration of all our volunteers. They have a great time meeting each other and trading stories of their areas of expertise here at the center. Volunteers, check your mailboxes for more information.

If you are looking for a group outing for your department at work, or class with school, we have a long list of volunteer projects for you to work on! School groups should be eighth grade and older.

Contact Laurie Haig, the volunteer coordinator at (414)352-2880 x144 or [lhaig@sanc.org](mailto:lhaig@sanc.org) to get involved.



## GROCERY GIVES

*Please remember that SANC receives a portion of your grocery store receipts when you shop at any PICK N' SAVE store (apply for an Advantage Club card and use 701800 as your charity code).*

***SANC has gone wireless!...*** We now offer free WiFi internet access to FOSANC members. Bring your laptop, sip a cup of coffee and surf the web by our fireplace. The peaceful environment is a perfect place to get caught up on your business, homework, or just surf the web in a relaxing environment. Visitors that wish to access our WiFi network should obtain information at the front desk.

# H a p p e n i n g s

To register for programs or for more information, please call the Center at (414) 352-2880, Ext. 0.

**PAYMENT MUST BE RECEIVED AT THE TIME OF REGISTRATION.**

Programs can be paid with credit card by phone. Child prices are valid for those ages 12 and under.

## Classes

### Beginning and Continuing Hatha Yoga

Certified yoga instructor Lisa Lewis will continue to bring us a balanced program of yoga practice, for both beginners and continuing seekers of improved health and energy through yoga postures. Please bring a large towel or yoga mat to each class.

**Beginning Yoga:** Thursday evenings 5:45pm -7:00pm starting March 9- April 27

8-week series: Members: \$96; Non-Members: \$108

**Continuing Yoga** is more advanced.

Mondays: 5:45pm-7:00pm

**Ongoing Yoga:** A novice or expert will enjoy these sessions.

Mondays: 9:15am- 10:30am.

For program fees please call 414-352-2880, ext. 0  
Pre-registration is required.

## Tai Chi

T'ai Chi is practiced worldwide for health and relaxation. Placing importance on the relaxation of mind and body, T'ai Chi is often called "meditation in motion" and is practiced to help cope with the stresses of daily life. With its emphasis on body integration, its health benefits are many. Joint and muscle flexibility, balance, strength, lower blood pressure and the release of back pain and tension are just a few of these benefits. A slow and gentle exercise, the movements of T'ai Chi are adjustable to fit a wide variety of physical conditions. It is done in an upright position and needs no special equipment. Professional instructor Carrie Crossot is our leader.

**DATE:** Thursdays, January 12th - March 2nd (8 weeks)

**TIME:** Continuing T'ai Chi: 5:45pm - 6:45pm

Beginning T'ai Chi: 7:00pm - 8:00pm

**FEE:** Members: \$80; Non-Members: \$90

**LEVEL:** Adults

Pre-registration is required, call (414) 352-2880, Ext. 0.

## Wildlife and Nature Drawing

This eight-week course will focus on learning basic drawing skills while observing natural objects in the beautiful Schlitz Audubon surroundings. We will explore fundamental drawing principles such as perspective, spatial relationship, light, shadow, artistic style and expression, while studying animals and plants from here on the property. We will be working primarily with pencil, charcoal, and color pencils on paper; however, demonstrations in watercolors and pastels will be given. Choose either the "beginning" (if this is your first time) or the "intermediate" class if you have prior experience. Please bring a sketch book, pencils, and erasers to the first class. *Sarah Nguyen has taught art classes to children and adults for the past ten years. She works as a freelance illustrator and fine*

*artist. She is a graduate of Rhode Island School of Design, where she majored in Illustration.*

**DATE:** Eight Consecutive Saturdays: March 18 & 25; April 1, 8, 15, 22 & 29; and May 6

**TIME:** Beginners: 11:00am – 12:30pm  
Intermediate: 1:00pm – 2:30pm

**FEE:** Members: \$80; Non-Members: \$90

**LEVEL:** Adult

Pre-registration is required, call (414) 352-2880, Ext. 0

## Nature Adventurers

This is an after school class for our nature preschool alumni and other K5 and 1st graders who enjoy exploring in the natural world. We will focus on spring themes each week including a hike and other outdoor activities. The class meets once a week for five weeks. Please provide a snack for your child prior to coming to class and make sure he/she dresses for the weather.

**DATE:** Wednesdays for 5 weeks, April 26 – May 24

**TIME:** 4:00pm – 5:30pm

**FEE:** Members: \$75 per child; Non-Members: \$85 per child

**LEVEL:** K5-1st grade children

Pre-registration is required, call (414) 352-2880, Ext. 0

## Programs

### Boomers and Beyond

The "Boomers and Beyond" program will continued to be offered by Don Quintenz the first Thursday of every month. As always, we will start with socializing and coffee and sweets, and then we'll head out on the trails if favorable conditions exist to engage in nature's instructive process. March's class will focus on "Solar Astronomy" and April "Of Mice and Voles".

**DATE:** Thursdays, March 2 and April 6

**TIME:** 9:00am – 10:30am

**FEE:** Members:\$10; Non-Member Adult:\$11 \*per program

**LEVEL:** Adults 50 and above

Pre-registration is required, call (414) 352-2880, Ext. 0

## Raptor Saturdays!

Come meet some of our feathered ambassadors, including our newest, Nala the peregrine falcon. Our monthly family program allows a very unique opportunity to see falcons, hawks, owls, a turkey vulture and bald eagles. Trained raptor handlers allow for a closer view of these magnificent birds of prey.

**Raptor Saturdays are always the first Saturday of each month.**

**DATES:** Saturdays, March 4 and April 1

**TIME:** 1:00pm – 2:00pm

**FEE:** Free with center admission

**LEVEL:** Adults and children of all ages

## Schlitz Audubon Bird Club

The topic for the March meeting of the Schlitz Audubon Nature Center's Bird Club will be Prairie Chickens. Learn

about these unusual and interesting native birds of Wisconsin and where you might go to see them.

At the April meeting, the topic will be shorebirds. As a part of this meeting, we will go out on our annual "Woodcock Walk" in hope of seeing the males species doing their aerial displays.

**DATES:** Wednesdays, March 8 and April 12th

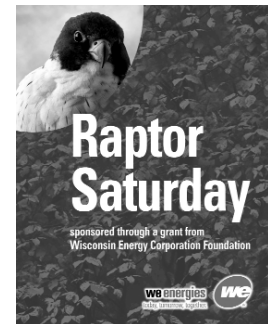
**TIME:** 6:30pm – 8:30 pm

**FEE:** FREE to FOSANC Members & Volunteers

**LEVEL:** Adults and Teens.

You can become a member of the SANC Bird Club by joining the Friends of Schlitz Audubon Nature Center.

To join, call (414) 352-2880 ext.151



## Spring Bird Walks -- FREE!

Join avid birder Paul Boyer during the peak of spring migration for a series of bird walks. Meet in the parking lot at 7:30am. In case of inclement weather the walks will be cancelled.

DATES: Saturdays, April 29, May 6,  
May 13 (International Migratory Bird Day), and May 20  
TIME: 7:30am – 9:30am  
FEE: FREE  
LEVEL: Adults

## Sky Dance of the American Woodcock

Join us on an evening search for one of our most interesting birds—the American Woodcock. We'll spend a brief time indoors learning about the woodcock's unique adaptations for survival and its fantastic courtship flight. Then, just before sunset, we will head outside hoping to catch the male woodcock performing its evening "sky dance."

*Please dress for the weather, keeping in mind that trails are often wet in spring. In case of heavy rain the program will be cancelled and rescheduled for Thursday April 6th.*

DATE: Wednesday, April 5  
TIME: 7:00pm – 8:30 pm  
FEE: Members: \$5; Non-Members: \$6  
LEVEL: Adults and teens  
Pre-registration is required, call (414) 352-2880, Ext. 0

## Hand-in-Hand Class for 2-3 Year Olds

Parents and their 2-3 year olds will spend time meeting an animal, reading a book and taking a hike on the many trails at the nature center. The program takes place on the second Tuesday of the month and gives very young children the opportunity to make positive connections to the natural world. Be sure and dress for the weather!

DATE: Second Tuesday of the month, March 14 and April 11  
TIME: 9:30am – 10:30am  
FEE: Members: Adults \$6, Children \$4  
Non-Members: Adults \$7, Children \$5 \* per program  
LEVEL: 2-3 year olds accompanied by an adult  
Pre-registration is required, call (414) 352-2880, Ext. 0.

## Stargazing

Do you enjoy seeking out stars, planets and constellations? Then join us for a fun evening of stargazing as we search the heavens from the top of our 60 foot tower: you'll feel like you can actually touch the sky! Early spring is a wonderful time to see favorite constellations such as Orion the Hunter, Taurus the Bull and Leo the Lion. The planets Mars, Jupiter and Saturn should be also be in view. The program begins inside the building where we'll demonstrate the total solar eclipse, which is visible Wednesday (if you happen to live in Africa). We'll also describe just what the "vernal equinox" is. Be sure to dress for the weather and bring a flashlight and binoculars, if you have them. In case of cloudy skies, an all-indoor program on the solar system will be presented.

DATE: Monday March 27  
TIME: 7:00pm – 9:00pm  
FEE: Members: Adults \$4 Children \$3  
Non-Members: Adults \$6 Children \$5  
LEVEL: All age  
Pre-registration is required, call (414) 352-2880, Ext. 0.

## Weekend Storytelling Adventures for Preschoolers

Parents and their preschoolers are invited to enjoy the captivating storytelling of Chris Jenkins from The Dream Tree. Also an environmental educator, Chris will entertain and educate with amazing stories from many cultures that demonstrate the gifts we receive from Mother Nature. Surprises and adventures

about— indoors and outdoors— with a few tricks here and there! Be prepared for lots of hands-on adventures. Bring your creative imaginations and a good dose of humor. Then, watch us grow!

DATE: **Second Saturdays of the month~**  
March 11th and April 8th  
TIME: 10:00am – 11:00am  
FEE: Members: Adults \$6, Children \$4  
Non-Members: Adults \$7, Children: \$5 \*per program  
LEVEL: 3-5 year olds accompanied by an adult  
Pre-registration is required, call (414) 352-2880, Ext. 0

## Restoration Ecology: Three Classes in Land Stewardship sponsored by the Garden Room

Learn how to create an ecological space on your own land, using native plants or seed:

**March 8:** Trees and shrubs, including replacements for buckthorn, by Mike Yannay, Johnson's Nursery.  
**March 22:** Site selection, species choice, and preparation, including rain gardens, by Randy Powers, Prairie Future Seed Co.  
**April 5:** Plant choices, planting and ongoing care, by Wendy Walcott, Land Steward, SANC.  
DATES: March 8, March 22, April 5  
TIME: 6:30pm-8:30pm  
FEE: \$20 each, \$50 for three  
LEVEL: Adult  
Pre-registration is required, call (414) 352-2880, Ext. 0

## 6th Annual Amphibian Search at the Southern Kettle Moraine State Forest

Hey Folks! It's that time of the year again. The frogs are back and so is the search for them. Join SANC's amigo of the anurans (frogs) and chum of the chelonians (turtles), Jim Hyatt, as we put on waders and stroll through breeding ponds. We'll use strainers and nets to catch frogs, toads, salamanders, and tadpoles. Jim will give us the ins and outs for all of the species that we find. We will meet at the nature center in the Southern Kettle Moraine State Forest at 9:00am. There is no state park fee if you stay around the nature center. If you decide to explore other areas in the state forest, a day fee will have to be paid. The fees are \$7 for a resident and \$10 for a non-resident. SANC will provide the waders. A map and list of things to bring will be mailed upon enrollment.

DATE: Saturday, April 29th  
TIME: 9:00am-noon  
FEE: Members: Adults \$8, Children \$4  
Non-Members: Adults \$10, Children \$5  
LEVEL: Families  
Pre-registration is required, call (414) 352-2880, Ext. 0

## Bird Song Workshop

Are you one of those many people who often wishes they could tell what birds are singing nearby? This great tool allows a person to watch the flowers as they walk and still not miss any bird life! You can even locate birds you've never seen before or rare birds much more efficiently and thoroughly.

This class will be hosted by Don Quintenz on three consecutive mornings just before peak migration to prepare you for May arrivals. Each day we will start out with a bird hike, then learn some new sound techniques during classroom studies, and return to the field to try our new skills.

DATE: April 26, 27, and 28  
TIME: 8:00am – 11:00am  
FEE: Members: \$26; Non-Members: \$29  
LEVEL: Adult  
Pre-registration is required, call (414) 352-2880, Ext. 0

## Repamphibiantile Sunday

I know. I know. You can't wait. I can't wait until I hear the calls of the frogs also. And on this day I've got you covered! In addition to holding snakes, smiling at salamanders, & wondering how Jim stays employed, you will learn the calls of our local frogs so that you will be prepared when you hear those marvelous sounds! You'll impress your friends! You'll impress your enemies! But you will know what you're talking about. As for Jim.....

DATE: Sunday, March 19th

TIME: 1:00pm-2:00pm

FEE: Members: Free  
Non-Members: Free with admission

LEVEL: Families

## Discovery Nature Hiking

Have you ever wished you could do your daily walk for exercise in a beautiful wild place and learn about the amazing things that you're passing by? We will walk along the meadows, woods, wetlands, and lake shore of the Center while Don Quintenz interprets the scenery and helps answer the questions that nature evokes in us. Physically you need to be able to walk any of the loop trails at the Center taking short but frequent stops.

DATE: Tuesday, March 14, and Wednesday, April 12

*Note: these are independent programs but both can be taken for a double fee*

TIME: 1:30pm – 3:00 pm

FEE: Members: \$5; Non-Members \$6

LEVEL: Adult

Pre-registration is required, call (414) 352-2880, Ext. 0.

## The Spiritual World of Nature

Our monthly series to help us all connect more intimately to the spiritual side of the natural world continues with the exploration of various literary works, personal philosophies, and nature herself for the wisdom that one cannot help but sense lies beneath the veneer of the physical world. This class will be hosted indoors. Light refreshments will be provided. Bring your personal inspirational experiences, quotes, and/or books regarding nature that touch your spirit. March's gathering led by Don Quintenz will share the ageless attention given to the spring equinox and it's spiritual connotations, while April will host rabbi Jay Brickman, highly regarded for his intimate understanding of Judaism, who will lead us in a discussion of nature and the Book of Psalms.

DATE: Monday, March 20 and Tuesday, April 25

TIME: 9:00am – 10:30am

FEE: \$10 Members, \$11 Non-Members \*each date

LEVEL: Adult

Pre-registration is required, call (414) 352-2880, Ext. 0.

## It's Maple Sugar Time !

The month is March, here comes the melting snow, muddy shoes and MAPLE SUGAR! Bring your big boots and sweet tooth, and we'll do the rest! Join your Audubon Teachers as we travel through the stages of making maple syrup, from tapping trees to boiling sap and eating pickles and pancakes. We will begin inside with a story about the serendipitous discovery of maple syrup, followed by a sensational slideshow all about the magic of maple sugar. Then it's outside as we visit the Schlitz Sugarbush and Evaporator! We'll top it all off with REAL maple syrup over silver dollar pancakes! Whether you're looking for a new way to love March or a seasoned Maple Sugar Farmer celebrating the tradition, you won't want to miss this sappy sweet Audubon Adventure! Come celebrate the sweetest of seasons, it's Maple Sugar Time! *Families with children of all ages*

*are welcome, but children should be able to sit still. Members receive discounts on program fees. Call SANC now to reserve a spot!*

DATE: Saturday, March 11th

TIME: 10:00am-12:00pm and 1:00pm-3:00pm

FEE: Members: \$5 adults, \$2 children  
Non-Members: \$6 adults, \$3 children

LEVEL: Families

Pre-registration is required, call (414) 352-2880, Ext. 0

## Hangin' with Hyatt: Spring Break Treasure Hunt

Hey kids! Who needs something to do over Spring Break? How about a treasure hunt with GPS units? Jim will give you the basics on how to use a GPS unit. Don't worry, Jim is supplying them. After you know the basics, You'll be sent out to the trails to find your first waypoint. At every waypoint will be a puzzle piece and the coordinates for your next waypoint. The first team that comes back to the center and puts their puzzle together is the winner and gets a prize! Some people have a little trouble working with a GPS unit, so you need to have someone 16 years or older with you.

DATE: Thursday, April 20th

TIME: 10:00am-12:00pm

FEE: Members: Adults \$5, Children \$3  
Non-Members: Adults \$7, Children \$5

LEVEL: Families or children with someone at least 16 years old

Pre-registration is required, call (414) 352-2880, Ext. 0.

## Spring's Full Moon Walk

Explore the Center's wildlife communities at a time when no other people are around and when wildlife is consequently more active. Join Don Quintenz and venture out at sunset to watch the setting sun and moonrise. We then will embark on our discovery journey which in spring includes woodcock watching. *This hike will now be offered in each of the four seasons.*

DATE: Wednesday, April 12th

TIME: 6:30pm – 9:00pm

FEE: Members: \$12; Non-Members: \$14

LEVEL: Adult

Pre-registration required. Call 414-352-2880, Ext. 0

## Dazzling Ducks of Spring

Known to only a few are the beautiful and diverse waterfowl that migrate north before most people get near the wetlands to see them. We intend to change that by inviting you to tour some of the secret hot spots that birders use to look for them. This early April outing also has the likely bonus of seeing winter ducks which are still around at this time. This tour will be led by Jean Strelka and Don Quintenz. We will stop at a restaurant, so please bring lunch money.

DATE: Monday, April 3rd

TIME: 9:00am – 4:00 pm

FEE: Members: \$17; Non-Members: \$19

LEVEL: Adult

Pre-registration is required, call (414) 352-2880, Ext. 0

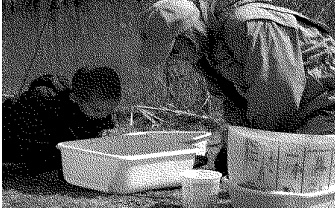
### *Upcoming Adult Programs~ mark your calendars!*

- Annual Horicon Marsh Bird Watching & Boat Trip  
Wednesday, May 17th
- Door County Overnight Trip  
Monday thru Thursday, June 5th-8th
- Chicago Botanic Gardens Spring Trip  
Tuesday, June 20th
- Milwaukee River Canoe  
July 22nd

# Earth Day 2006... Join us Sunday April 23rd, Noon-4pm

Join us for a fun-filled day for children and adults~ this event is our most popular one of the year, don't miss it!

Enjoy canoeing, beachcombing along Lake Michigan, **guided nature hikes**, delicious **cake & refreshments**, arts and crafts for kids and much more. Delight in musings from a true storyteller and the sounds of music from Julie Moffitt. Meet some of our resident "live" animals such as snakes, turtles and the extremely fashionable "rat boys." Be treated to a special raptor program featuring a bald eagle, turkey vulture, hawks and owls. Preschool-age children will love to hear the story "Screech Owl and Midnight Hollow."



There will also be fishing at Mystery Lake, **frog-catching** at Boardwalk pond and tours of our sustainable building, the Dorothy K. Vallier Environmental Learning Center.

The entire community is invited to come help us celebrate this special day to enjoy and honor the Earth.

## The History of Earth Day~ something Wisconsin should be proud of!

The founder of Earth Day, Gaylord Nelson, was a Wisconsin Senator who promoted the first Earth Day in 1970. The successes of that day led to it becoming a regular event. Nelson took a leading role in organizing the celebration, to demonstrate popular political support for an environmental agenda. The first Earth Day, had celebrants in two thousand universities, roughly ten thousand schools, and hundreds of communities across the U.S. Nelson directly credited the first Earth Day with persuading U.S. politicians that environmental legislation had a substantial, lasting constituency. Many important laws were passed by the Congress in the wake of the 1970 Earth Day, including the Clean Air Act, laws to protect drinking water, wild lands and the ocean. The EPA was created within three years of the first Earth Day.



## SANC Mission Statement

*Because the earth can't speak for itself, Schlitz Audubon Nature Center promotes an appreciation, understanding and stewardship of our natural heritage through environmental education and sanctuary preservation.*



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[www.sanc.org](http://www.sanc.org)

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